

Crown or Bridge Post Operative Instructions

During your appointment today, one or more of your teeth was prepared for a crown or bridge. A provisional crown was fabricated for each prepared tooth. Provisional crowns are cemented with a temporary dental cement to allow for easy removal at your next appointment.

Provisional crowns are of universal size and shade. Your final restoration will be custom made to the shape and shade to match your other teeth in both color and function. The function of the provisional crown is to maintain the position and contacts of the tooth and to seal out bacteria.

Until your next appointment:

- Whenever anesthesia is used, avoid chewing on your teeth until the numbness has worn off.
- You may experience some sensitivity to temperature and pressure, gum soreness and slight discomfort on the tooth/teeth; it should subside after the placement of a permanent crown.
- Avoid hard or sticky foods that may dislodge provisional crowns, such as:
 - Hard chewy breads such as bagels or French bread.
 - Chewy candies such as taffy, caramels, or gum.
 - Hard crunchy foods such as ice, corn nuts or popcorn
 - Do not bite into foods such as tough meats, corn on the cob or apples.
- If a provisional crown becomes loose or comes off, try to place it back onto the tooth and call the office at your convenience to get the crown re-cemented. If you are not able to make into the office for any reason you could try to use Elmer's Glue for a temporary fix until you are able to make it in. The tooth & inside of crown must be very dry before you apply, and you must keep the tooth dry while the material hardens.
- Rinse your mouth with Listerine mouthwash or warm salt water to minimize inflammation of the gum tissue.
- Acrylic provisional's attract more bacterial plaque than natural teeth; therefore it is important to brush normally, at least three times a day. Floss at least once a day, but floss carefully and do not pull up on the floss which may dislodge the temporary crown. Pull the floss out from the side of the temporary crown.
- You may experience sensitivity to hot or cold foods or beverages after treatment for a short period of time.
- Mild to moderate discomfort after dental work is common. An over the counter pain reliever/anti-inflammatory is recommended for patients who are able to tolerate them. (Advil, Ibuprofen, Tylenol, Aleve, etc.). If discomfort increases please call the office.
- If your bite feels uneven, if you have persistent pain, or pain only when biting, or if you have any other questions please do not hesitate to contact the office. You may need to have Dr. Baier adjust your bite.

Office number is 404-851-9711. Dr. Baier's cell phone is 678-923-4176. Please feel free to call or text if you are having an emergency.